



DINE IN / TAKE AWAY / DELIVERY SUNDAY 11th Oct – 12-3pm
(free delivery within 5 mile radius for orders over £10/Taunton delivery £5
or free if order value is over £25)

SMALL PLATES:

- **TODAYS SOUP WITH WARM SOURDOUGH £4 (GF Option)**
- **KING MUSHROOM 'SCALLOPS' WITH CHERRY TOMATOES AND PESTO £5 (GF)**
- **'CRAB' CAKES WITH MANGO & RED PEPPER SALSA £6**

ROASTS:

- **BEETROOT & ROSEMARY NUT ROAST (N) (GF) £10**
- **GUINNESS, BLACK BEAN AND MUSHROOM PIE £12**
- **AUBERGINE PARMIGIANA (N) (GF on request) £10**
(SALAD & GARLIC BREAD OPTION £9)
- **ARTICHOKE, SPINACH & TOMATO QUICHE £10 (GF)**
(SALAD & GARLIC BREAD OPTION £9)

**ALL SERVED WITH ROAST POTATOES, YORKSHIRE PUDDING,
BROCCOLI,
ROASTED ROOT VEGETABLES, SQUASH & THYME PUREE, BRAISED
RED CABBAGE AND GRAVY**

(Gluten free on request as gravy & yorkshire pudding are
different)

EXTRA ROAST POTATOES £3 / EXTRA YORKSHIRE £0.75

SELECTION OF CUPCAKES & CHEESECAKE – PLEASE ASK

01823 618300 / info@plantsidecafe.co.uk

17 HIGH ST, WELLINGTON, TA21 8QT

*All menu items are 100% free from animal products. If you have allergies, please ask to
speak to the kitchen staff. (GF)=Gluten Free (N)=Contains Nuts*

Desserts

Please ask for today's selection of:

- Cake Slice** £3.50
- Cupcake** £2.50 (GF Option/Soy Free option)
- Cheesecake** £4.00
- Ice Cream (1 Scoop)** £1.50 (GF)
Vanilla, Chocolate, Raspberry

Drinks

Tea (please see selection) £2.00

- Filter Coffee** £2.00
- Americano** £2.50
- Flat White** £2.75
- Cappuccino** £2.75
- Latte** £2.75
- Espresso** £1.50
- Mocha** £2.75

- Hot Chocolate** £2.50
- Posh Hot Chocolate** £3.50
- Kids Hot Chocolate** £1.50
- Posh Kids Hot Chocolate** £2.50

Rio Can £1.50

Cawston's Can £2.50
Rhubarb, Ginger, Apple

Cawston's Carton £1.95
Apple & Pear, Apple & Mango, Apple & Berries

Fentiman's Cola £3.00

Bradley's Bottle £3.00
Orange Juice, Strawberry & Elderflower, Lime & Ginger

Tarka Still £1.50
Tarka Sparkling £1.50

Milkshakes £4.50
Chocolate, Vanilla, Strawberry, Banana

Smoothies £4.50

Protein – Peanut Butter, Banana, Cacao Nibs, Pea Milk (N)

Energise – Apple, Carrot, Ginger, Turmeric, Pineapple

Revitalise – Avocado, Cucumber, Kale, Sea Moss, Chia Seeds, Lime

Berry Boost – Mixed Berries, Beetroot, Banana, Coconut Yoghurt

Cordial -Small £0.75 -Large £1.10
Blackcurrant
Orange
Apple & Plum
Elderflower
Raspberry

